

Brockhurst & Marlston House Schools

NEWSLETTER
SEPTEMBER 2009/10

Welcome back

My name is Colin Small - I am a Judo Black Belt 4th DAN, a professionally qualified teacher and I have been teaching judo now for over 20 years.

Welcome back to all our existing Judokas. I hope you have all had a good summer break and are looking forward as much as I am to the start of a new Academic Year.

The beginning of each academic year is a great time to join our very successful judo Club, in fact without new pupils joining we would lose our momentum. Regardless of age, boy or girl there is a class for you.

As Dr Kano who was a teacher and the founder of Judo said, "I want my pupils to be strong both in mind and body".

Good luck, work hard and enjoy this exciting new year.

Great Progress

Last year was certainly one of the best years we have ever had, winning both the Senior and Junior IAPS Judo Championships. No mean feat when you consider the championship is open to every IAPS Prep School in the country.

For some time now I have been concerned that we don't get enough practice against other schools, though things have greatly improved now Sally Rossiter has taken on the role of "Master in Charge of Judo" I have needed someone who is at school to sort out the logistics of getting pupils weighed, to and from matches and liaising with other schools. Thank you Sally, I really appreciate all your help.

I have been in contact with some other School Judo Teachers and I am going to arrange a "Mass Training Session" which will run on a Sunday afternoon once a month at Nuffield Health Club at Newbury Racecourse (you don't have to be a Nuffield Health Club Member to come). I think this will be a fantastic way for you all to meet other Judo players and I know your Judo will improve very quickly indeed. I will send out more Information when I have finalised dates with Nuffield Health Club though I am looking at starting this in October 2009.

What Does it Cost & when?

Brockhurst Forms 1 to 5
Thursdays 1:35 to 2:15pm

Brockhurst & Marlston House Form 7
Fridays 4:00 to 4:30pm

Brockhurst & Marlston House Form 6
Fridays 4:30 to 5:15pm

Marlston House
Fridays 3:15 to 4:00pm

Joining Fee is £30 which includes a brand new Judo kit .

Judo Fees are £64.00 per pupil per term.

Please note that the joining fee also applies to pupils rising from Ridge House to Brockhurst or Marlston House Schools.



Benefits of Judo

Judo is an exciting modern Olympic sport. It is almost unique in providing a wide range of benefits which include:- self-discipline, skill in co-ordination, an effective form of self-defence, a confidence booster for the shy and timid child, and self-control for the more aggressive spirit and a fantastic way to stay fit and healthy.

Come and try

It's all very well watching others practising Judo, but to really find out what Judo is like come and have a try. If you like it, great, you'll be very welcome to join the club.

BROCKHURST & MARLSTON HOUSE SCHOOLS NEWCOMERS FREE TRIAL SLIP

Please hand this slip in to your Judo Teacher or School Office for a free trial lesson.

Child's Name:

Parent / Guardian signature:



