



BROCKHURST & MARLSTON HOUSE SCHOOLS

TUESDAY

BREAKFAST

Belgian Waffles

EXTRAS

Fresh Cut Fruit
Continental
Toast & Spreads
Cereals
Decaffeinated Tea

LUNCH

Beef Bourguignon GF/DF
Veggie Cassoulet V/GF/DF
Parmentier Potatoes V/DF
Buttered Green Beans

Apple Crumble & Custard

SUPPER

Chicken Adobo DF
Quorn Adobo V/DF
Sticky Rice GF/DF
Oriental Veg GF/DF

Jelly & Fresh Fruit

IN ADDITION...

soup of the Day with Crusty Fresh Homemade Bread, Pasta of the Day, Jacket Potato & Beans

SALAD BAR

Lettuce, Carrots, Tomatoes, Cucumber, Wafer Thin Sliced Ham, Green & Red Peppers, Egg
Mayonnaise, Sliced Turkey Ham, Boiled Eggs, Sweetcorn, Coleslaws, Tuna, Mature Cheddar, Freshly
Baked Baguettes, Pasta Salad, Fresh Fruit

V - Vegetarian GF - Gluten Free DF - Dairy Free

