



BROCKHURST & MARLSTON HOUSE SCHOOLS

# W E D N E S D A Y

## B R E A K F A S T

Bacon & Hash Browns

### E X T R A S

Fresh Cut Fruit  
Continental  
Toast & Spreads  
Cereals  
Decaffeinated Tea

## L U N C H

Sweet & Sour Chicken GF/DF  
Sweet & Sour Quorn Pieces V/GF/DF  
Steamed Rice GF/DF  
Oriental Veg

Apple Crumble & Custard

## S U P P E R

Lancashire Hotpot GF/DF  
Butterbean & Root Veg Hotpot V/GF/DF  
Honey Glazed Carrots  
Buttered Peas

Blondies

## I N A D D I T I O N . . .

Soup of the Day with Crusty Fresh Homemade Bread, Pasta of the Day, Jacket Potato & Beans

## S A L A D B A R

Lettuce, Carrots, Tomatoes, Cucumber, Wafer Thin Sliced Ham, Green & Red Peppers, Egg  
Mayonnaise, Sliced Turkey Ham, Boiled Eggs, Sweetcorn, Coleslaws, Tuna, Mature Cheddar, Freshly  
Baked Baguettes, Pasta Salad, Fresh Fruit

